

HOPE DRIVES PERFORMANCE

Hope isn't fluffy optimism—it's the proven cognitive process that helps teams succeed.

What is the Science of Hope?

Hope is a set of research-backed practices that help people succeed. These tried-and-true methods are built on 30+ years of research. Where resilience helps you bounce back from *adversity*, hope helps you create a future with *less adversity*.

→ For teams facing constant change, that's powerful.



Hope is the #1 predictor of whether we flourish in life.

Our Science of Hope Offerings:



Science of Hope Inspirational Keynote

A reflective 90–120 minute keynote that introduces your team to hope-based leadership. Your people will leave this keynote inspired and ready to lead with hope, channeling setbacks into stepping stones



Hope Rising Leaders Workshop

A half-day or full-day workshop that gives leaders the foundation and toolkit they need to apply hope practices with their teams. You'll get grounded in hope theory and walk away with specific tools and approaches.



The Clarity Hope and Culture Lab

Monthly meet-ups led by our most senior hope practitioners. Join other hope practitioners for your monthly dose of inspiration, new tools, and connections with like-minded leaders. Subscription only.



The Hope-Inspired Culture Sprint

A 4-day sprint that helps you define your hope-inspired culture and prepare to lead it. In just four days, you'll have clarity on your desired culture, a draft culture guide, and a plan to move your organization forward.



Step into your hope-inspired journey today.

